

Relay Race Leg Info

Leg	Distance	total	Sport
1	7.6	7.6	Road Bike
2	12.6	20.2	Mt Bike
3	7.7	27.9	Mt Bike
4	10	37.9	mt bike
5	5.6	43.5	road bike
6	2.7	46.2	paddle
7	12.3	58.5	road bike
8	4.8	63.3	run
9	4	67.3	mt bike
10	8.9	76.2	run
11	5.3	81.5	run
12	4.2	85.7	mt bike
13	13.3	99	road bike
14	9.7	108.7	road bike
15	3	111.7	run
16	5	116.7	run
17	18	134.7	road bike

Relay Race Leg Info

18	8.1	142.8 mt bike
19	3.3	146.1 run
20	5	151.1 mt bike
21	14.2	165.3 road bike
22	5.7	171 run
23	11.7	182.7 road bike
24	3.2	185.9 run
25	6.5	192.4 mt bike
26	3.2	195.6 cross ct run
27	6.1	201.7 mt bike
28	5.5	207.2 run
29	10.5	217.7 road bike
30	3.2	220.9 run

TOTAL 220.9

TOTALS:

9 RD Bike	102.9 DAY 1	
9 Mt Bike	64.2	111.7
1 Paddle	2.7 DAY 2	
11 Run	51.1	109.2
30 Total	220.9	220.9