

# Relay legs

Leg	Distance	Total	Sport
1	7.6	7.6	Road Bike
2	12.6	20.2	Mt Bike
3	7.7	27.9	Mt Bike
4	10	37.9	Mt bike
5	5.6	43.5	Run
6	2.7	46.2	Paddle
7	12.3	58.5	Road bike
8	4.8	63.3	Run
9	4	67.3	Run
10	8.9	76.2	Mt Bike
11	5.3	81.5	Run
12	4.2	85.7	Run
13	13.3	99	Road bike
14	9.7	108.7	Road bike
15	3	111.7	Run
16	5	116.7	Run
17	18	134.7	Road bike
18	8.1	142.8	Mt bike
19	3.3	146.1	Run
20	5	151.1	Mt bike
21	14.2	165.3	Road bike
22	5.7	171	Run
23	11.7	182.7	Road bike

24	3.2	185.9	Run
25	6.5	192.4	Mt bike
26	3.2	195.6	Cross ct run
27	6.1	201.7	Mt bike
28	5.5	207.2	Run
29	10.5	217.7	Road bike
30	3.2	220.9	Run

TOTAL                    220.9

TOTALS:

8	RD Bike	97.3
8	Mt Bike	64.9
1	Paddle	2.7
13	Run	56
30	Total	220.9